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The Smart Move

BY PATRICK MILLER, Dearborn Insurance, The Club's Insurance Partner

Cancer Cases Could Soar; Are You Protected?

The World Cancer Report, produced by the World Health Organization's specialized cancer agency and released on World Cancer Day, predicts that new cancer cases will rise from an estimated 14 million annually in 2012 to 22 million within two decades. Over the same period, cancer deaths are predicted to rise from 8.2 million a year to 13 million.

The rising incidence of cancer, brought about chiefly by growing, aging populations worldwide, will require a heavier focus on preventive public health policies, said Christopher Wild, director of the International Agency for Research on Cancer.

The report said about half of all cancers were preventable and could have been avoided if current medical knowledge were acted upon. The disease could be tackled by addressing lifestyle factors, including smoking, alcohol consumption, diet and exercise; adopting screening programs; or,

in the case of infection-triggered cancers such as cervical and liver cancers, through vaccines.

"I know the report said we can't treat our way out of (the cancer problem), but there are major things we can do," said Dr. David Decker, who works in oncology at Florida Hospital in Orlando. "Virtually 80 or 90 percent of lung cancers are caused by smoking. I know stopping smoking is not easy for people, but it does seem like a pretty simple way to reduce the numbers."

"The cancer rates are going up for reasons that are easy to understand, and if we improve overall health, there are things we can do to prevent this from happening," Decker said.

There is a silver lining to the report, some experts said: It may lend urgency to the fight against cancer. Countries including the United States present examples of success stories stemming from legislation and financial resources

devoted to cancer prevention.

The time to protect yourself from the financial devastation of cancer is before you contract the disease. The odds of getting cancer go up every year, so the time to buy protection is now while you are healthy. The Club's partner, Dearborn National, offers a policy that covers cancer as well as the most common critical illnesses and pays a lump sum "cash benefit on diagnosis" to help offset the financial costs associated with cancer and other financially crippling diseases. For more information, contact Dearborn National at (888) 443-8829.

Patrick Miller represents Dearborn Insurance, the Club's new partner for two areas—critical illness insurance and retirement income. Currently, the Club offers three Dearborn products: the Security Builder Plan, the Timber Ridge Critical Illness Plan, and Paycheck Protection Plus. Ask your Club Counselor for details.



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Rec and Parks

Civil War Currency



Banning Museum to host special lecture March 22.

A special lecture on Civil War currency is scheduled for March 22 at the Banning Museum, 401 E. M St. in Wilmington. The lecture will begin at 10 a.m. in the Stagecoach Barn.

The lecture will be presented by Jeff Dahlgren, who has been involved with the Civil War Trust for 15 years and who is also on the Banning Board of Trustees. He has an ancestor who was a Union Admiral during the Civil War and personal friend of Abraham Lincoln.

The lecture will cover the different types of currencies and notes that were used during the Civil War. The design, artwork of the notes, conditions stated in writing on the notes and the value and redeeming the notes will also be discussed. At the end of the lecture, guests will be able to view different types of confederate currencies, as well as Civil War items from Admiral Dahlgren.

Admission to this event is \$5 and light refreshments will be served.

For more information or to RSVP call the Friends of Banning Museum at (310) 548-2005 or visit www.thebanningmuseum.org.

The Banning Museum is a Rec and Parks facility and is operated in cooperation with Friends of Banning Museum.