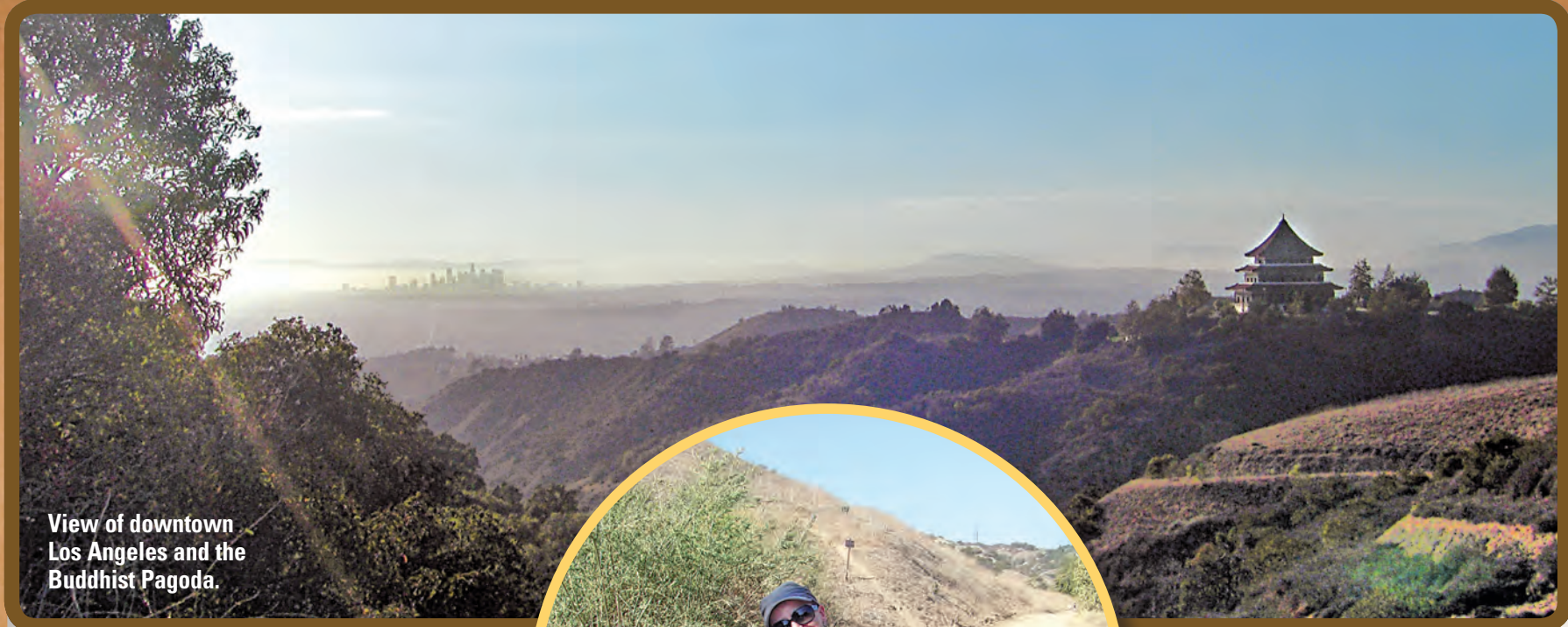


Angel Gomez, Club Director of Sales  
**Angel's**

**Be Alive!**



View of downtown Los Angeles and the Buddhist Pagoda.



Angel Jr., Kathy and Aden are happy on the trail.



The Turnbull Canyon trailhead.

This month, we travel to Whittier and the Turnbull Canyon Trail because it is local and connects with other trails in the Puente Hills Landfill Habitat Preservation Authority area. The trail is very easy to find, and there is parking right along the street on Beverly Boulevard in Whittier.

The trail is challenging but not very difficult; it is very wide, and along the way you can take breaks to enjoy the beautiful views of downtown Los Angeles, Rose Hills Cemetery, and the Buddhist pagoda. I found many people walking, jogging and mountain biking, but be careful of all the speedsters on the trail (beginners on mountain bikes) – some are not very careful.

By the way, I heard lots of stories about this area and the trail. I must say after doing a little research that some of the tales are really out of this world and others are absolutely true. If you just Google Turnbull Canyon, you will be surprised.

# Turnbull Canyon Trail

– Whittier



Aden appreciates the gorgeous view.



Kathy, Angel Jr. and Aden begin on the Turnbull Canyon Trail.



View from the top of the trail.

## The Hike

Turnbull Canyon Trail is very close to and actually connects with lots of trails in the area. Many trails and parks are very close by and also connect; examples are Sycamore Canyon, Hellman Park, Hacienda Hills, and Arroyo Pescadero to name a few. Some of you may remember, we actually hiked some of these trails in the past and had lots of fun doing so.

Turnbull Canyon Trail was moderate to easy. Of course that depends on your level of outdoor activities, but nonetheless it's a good time for everyone. My boys had no trouble making it up the trail; they are 10 and 12 years old. However, this brings up a very important point: As adults we are more experienced, but we have to think of the people who don't hike often, including children and older folks who are just starting.

Always check the weather forecast for daily temperatures. Since we were going through something of a heat wave when we took the hike, we decided to hike later in the afternoon about 6 p.m. It was still hot at about 6:30 p.m. (86 degrees), so we all brought plenty of water and sunscreen, too.

The hike is an upward trail but was lots of fun, and the trail also has amazing views (a bonus). We all really enjoyed the hike; I think we will wait a few weeks and go back again in the morning to get some different views. Sunrise and sunsets are both beautiful, but each one has its own personality. Enjoy!

*Note:* There are signs posted for mountain lions and other native animals, but I would worry about mountain bikers more than any other native wildlife. Accidents are sure to happen if these riders are not more considerate and careful. Be proactive and look out for bikers!

Don't forget to bring your camera and take plenty of photos and send them to me at [agomez@cityemployeesclub.com](mailto:agomez@cityemployeesclub.com). Bring water, snacks and maybe some sunscreen.

**As always, be safe and Be Alive!,  
 Angel**



Angel Jr. and Aden by the kiosk at Turnbull Canyon trailhead.

## Turnbull Canyon Trail

Turnbull Canyon Trail • Whittier, CA 90601

**Trail distance:** 3.4 miles

**Elevation gain:** 500 feet

**Difficulty rating:** moderate

**Hike time:** two hours

**Trail condition:** mostly dirt roads

**Trail Activities:** Mountain biking, walking, jogging and hiking. Dogs are also able to use this trail but must be kept on leash.

**Directions:** From 10 Freeway, go south on 605 Freeway, exit Beverly Boulevard east. Go east on Beverly Boulevard for three

miles until it turns into Turnbull Canyon Road. Trailhead is on the left.

**Parking:** Dirt parking area on Beverly, which turns into Turnbull Canyon. Free parking.

**Hours:** All trails are open sunrise to sunset, except during extreme or hazardous weather conditions. All trails are closed 48 hours after rain. Some parks take longer to dry than others; those areas may be closed for longer periods of time. Also, all trails are closed during red flag days (extreme fire hazard days).