

Hello everyone!

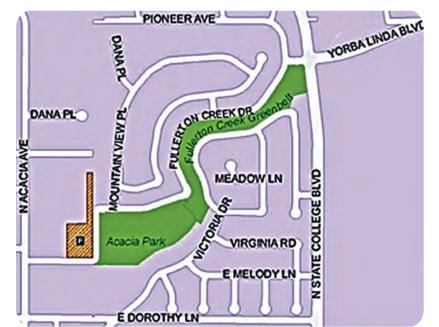
This month we head to Fullerton. I thought we would go to a local park and just enjoy the day. Walking the path along the park, you will see a playground, a baseball diamond and some exercise par courses. If you have a dog, bring him/her and just walk the path. The creek is actually below the path, and you would have to be adventurous to go down into this area, as it is not paved. It's a very small creek; the little ones would love to go down by the water and explore.

Fullerton is rich with about 28 miles of recreational trails all around the city. Hikers, equestrians, mountain bike riders and outdoor enthusiasts can take advantage of these scenic trails. The Green Belt Park is very nice, and there are lots of activities in the general area. If you like, you can just continue walking and you will see and find another park in a very close distance. (You are about a block away from Cal State Fullerton.) Nearby are the Juanita Cookie Greenbelt trail, the Fullerton lookout trail and the Fullerton Loop Bike Trail, too. As I always say, take an hour and just go outside and walk, hike, or bike this area, and you will not be disappointed.

In the days following heavy rain, the stream will transform into a body of fastmoving water. Guests are discouraged from climbing down to the creek.

Don't forget to bring your camera and take lots of photos and send them to me at agomez@cityemployeesclub.com. Bring water, snacks and maybe some sunscreen.

> As always, Be Alive!, Angel



deuvideo in the Seneral area. Il you inte,



Aden with the Body Circle Rings.







Aden, Dakota, Kathy, and Angel Jr relax under some trees.



Fullerton Creek Green Belt

1910 Fullerton Creek Dr., Fullerton 92831

Acreage: 7.86

Year opened: 1974

Difficulty rating: Easy walk, 1.5-mile trail

Activities: Walking, baseball, soccer, walking your dog, playground

Admission: Free

Parking: Free at location

Hours: 7 a.m. until sunset. Park and park area closed from sunset to 7 a.m.

Directions: From downtown Los Angeles, take the I-5 south, then merge to the 91 east. Take the CA-57 north, then take exit 8 for Yorba Linda Blvd. Turn left, and turn left onto Fullerton Creek Drive.

A duck family of three.