



Health Fair Committee Members, front row, from left: Rachel Harris, Principal Clerk, 23 years of City service; Officer Shawtrice Watkins, 23 years; Sgt. Mary Culpepper, 22 years; and Police Officer Tamara Marshall, 13 years. Back row: Joseph Hudzik, Management Assistant, 5 years.



Police Cancer Support Group, from left: Sgt. Mary Kite, 21 years of City service; and Det. Amy Sundquist, 16 years, Club Member.



Shahrokh Mohamadkhani, Transportation Engineer, 23 years of City service.



Checking her heart rate is Martha Gracia, Sr. Clerk Typist, 25 years of City service, Club Member.



Kathy Bell, Community Relations Secretary, Office of the Chief of Police, 18 years of City service.



Giving blood are Det. Ill Cleo Guevara, 23 years of City service, Club Member; and Elsa Hernandez, Secretary, 10 years, Club Member.



Family Support Group, from left: Mary Lodolo, Donna Harden, Carole Carreon, and Blondelle Grant.

Police Health Fair

LAPD

Police Dept. holds employee health fair at downtown headquarters.



From Fire and Police Pensions, from left: Mary Duong, Clerk Typist, 4 years of City service; and Erika Robinson, Management Assistant, 15 years, Club Member.



Story and photos by Debbie Schroyer, Club Counselor

What a great turnout there was for the LAPD's annual employee health fair, held Sept. 27 at the LAPD Headquarters. Hundreds of attendees (sworn and civilian) and more than 50 vendors took part in gathering information, gaining insights, participating in health checkups and handing out lots of promotional items!

Attractions included the American Cancer Society, Alzheimer's Association, Smile Finders, Children's Hospital, dentistry, chiropractic, flu shots, blood donations and blood pressure readings and much more. The line was especially busy for the flu shots!

The event included a lecture series: Spinal Injuries and Treatment Options; Foot and Ankle Problems/Treatments; How Trigger Points Help Relieve Pain; Dental Health; Hand and Upper Extremities Injuries; and How Diabetes Affects Orthopedic Medicine.

Thanks go to Sgt. Mary Culpepper for her assistance.



Getting her flu shot is Officer Lori Lee, 23 years of City service, Club Member.



Getting her flu shot is Sgt. Gloria Fanning, 17 years of City service, Club Member.



From left: Enid Gomez, Secretary, 13 years of City service, Club Member; Gloria Fanning, 2nd VP of the Los Angeles Women Police Officers Association (LAWPOA), 17 years, Club Member; and Yolana Young, Member, LAWPOA, 27 years, Club Member.



From left: Patricia Carter, Medical Services, 4 years of City service, Club Member; and Rochelle Jordan, Medical Services, 24 years, Club Member.



From left: Sgt. Hector Villanueva, 12 years of City service, and Sgt. Leslie Mariscal, 12 years.



From left: Officer Shawn Bradford, 2 years of City service; and Officer Daniel Trunco, 2 years.



From left: Officer Ben Hong, 6 years of City service; Officer Jilvee Abalos, 3 years; Armando Magana III, 8 years; Officer Richmond Afful, 4 years; and Officer Jovannie Barrillas, 4 years.



Carole Carreon is being tested for muscle stimulation.



From Personnel: Bridget Talley, Principal Worker's Compensation Analyst, 11 years of City service, Club Member; and Vivian Davis, Sr. Worker's Compensation Analyst, 12 Years, Club Member.



From the Los Angeles Women Police Officers Association (LAWPOA), from left: Teresa Alvarez, Sr. Clerk Typist, 25 years of City service, Club Member; and Angeles Reynoso, First VP of LAWPOA, 23 years.



From left: Lt. Leonard Cross, Officer in Charge, 30 years of City service; and Rachel Harris, Principal Clerk, 23 years.



Spinning the Wheel of Health is Claudia Perez, Sr. Clerk Typist, 11 years of City service.



Checking up on her blood pressure is Rhonda Brown, Sr. Clerk Typist, 17 years of City service, Club Member.



Children's Support Group: Terry Reyna.



From left: Bonita Shanklin, Clerk Typist, 17 years of City service, Club Member; Diane Alonzo, Police Officer II, 17 years; Sonji Waiters, Clerk Typist, 6 years, Club Member; Rachel Harris, Principle Clerk, 23 years; and Andy Hachache, Management Assistant, 5 years.

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