

AIRPORTS

# Healthy Airports

**LAX, Van Nuys and Ontario each hosts an employee health fair.**



Story and photos by Jackie Causillas, Club Counselor; Photos by Debbie Schroyer and Noelle Kauffman, Club Counselor

LAX, Ontario, and Van Nuys Airports each held a Hawaiian-themed health/wellness fair and Employee Appreciation Day in September. LAX held its fair Sept. 14-15; Ontario, Sept. 21; and Van Nuys, Sept. 28.

The events were held outdoors, where employees had a choice from various food vendors from In-N-Out Burgers, Rotisserie Chicken, ice cream, and Juan's Taco's. There were lots of raffle winners, with an iPod and flat-screen TV being the grand prizes. Vendors included credit unions, University of Phoenix, dentists, Costco and Identify Theft, to name a few.

It was a nice break from the day and great opportunity to recognize all the wonderful Airport Employees!

*Thanks to Jimmy Sparks for his assistance.*



From left: Barbara Guillory, Custodian Supervisor for LAX, 23 years of City Service, Club Member; Blanca Juarez, MTCE Services, LAX, 8 years, Club Member; and Adin Bonilla, Construction and Maintenance, LAX, 8 years, Club Member.



Denelda President, Clerk, 21 years of City service, Jackie Jones, Risk Manager, 30 years; and Jayson Patricio, Employee Health Nurse, 1 year.



Anthony Escarga, Landscape, 4 years of City service; Gerry Nunez, Sr. Gardener, 11 years; Michael Dibble, Gardener/Caretaker, 11 years, Club Member; Ernesto Wicab, Gardener/Caretaker, 5 years, Club Member; Omar Datarina, Gardener, 5 years, and Alfonso Zayas, Gardener, 4 years.



Christian Moreno, Airport Superintendent of Operations II, 7 years of City Service.



From left: Jose Beltran, Custodian Supervisor, LAX, 12 years of City service, Club Member; and Jose Rosales, Custodian, LAX, 14 years.



Wing Lai, Custodian, 16 years of City service, Club Member; and Jim Koehler, Heavy Duty Equipment Mechanic, 24 years.



Rod McElhone, Plumber, 19 years of City service, Club Member; Brian Wreesman, Carpenter, 11 years; Tony Goff, Building Repair, 11 years, Club Member; and Nels Hansen, Security Officer, 24 years, Club Member.



From left: Gerald Oliver III, LAX Custodian, 27 years of City service; and Dan Robinson, LAX Custodian, 16 years, Club Member.



Saul Cortez, LAX Custodian, 5 years of City service, Club Member.



From left: Walter Tatum, Security Officer, LAX, 9 years of City service, Club Member; and Timothy Turner, Security Officer, LAX, 9 years, Club Member.



Tyrone J. LaFrance, LAX Maintenance, 25 years of City service, Club Member.

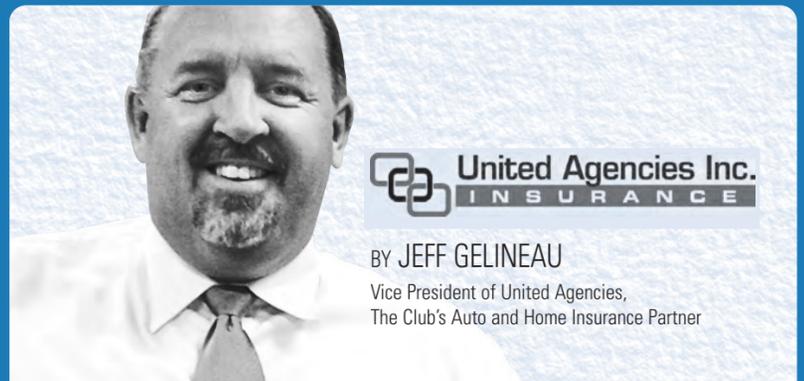


Henry R. Williams, LAX Gardner/Caretaker, 8 years of City service, Club Member.



From left: Juan Espinosa, Custodian, LAX, 12 years of City service, Club Member; Frank Silva, Custodian, LAX, 5 years, Club Member; Ralph Omar Robles, Custodian, LAX, 6 years; and Pedro Morales, Custodian, LAX, 8 years.

# REST INSURED



**United Agencies Inc.**  
INSURANCE

BY JEFF GELINEAU

Vice President of United Agencies,  
The Club's Auto and Home Insurance Partner

## Are You Prepared For an Earthquake?

Last month, we talked about preparing a family emergency plan. This month, let's discuss the specifics involved with preparing for an earthquake.

There are many things that you can do to prepare for the inevitable. The Red Cross recommends that the first thing that you should do is prepare an earthquake kit of non-perishable foods, water, blankets, and first-aid supplies. It's also vitally important for your family to have an emergency plan of where you are going to meet, and who is going to be responsible for what.

In addition, there are several things you can do around your house to help mitigate any damages:

- Secure heavy items of furniture to the studs in the walls using flexible nylon straps.
  - Secure TVs and other electronics using flexible nylon straps.
  - Secure breakables and collectibles with quake putty, wax, or museum gel.
  - Store emergency tools, including a gas shutoff wrench and safety light sticks in a place you can easily access.
  - Learn how to turn off gas, water, and electricity in case the lines are damaged.
  - Know the safe spots in every room – under sturdy tables, desks or against inside walls, and know the danger spots – windows, mirrors, hanging objects, fireplaces, tall furniture.
  - Secure water heaters with two-strap kits.
- Another important item to consider

when contemplating earthquake preparedness is reviewing your insurance.

Because earthquake insurance has traditionally been expensive, many homeowners have opted not to purchase the coverage. This may not be the smartest idea. The price of earthquake coverage continues to fluctuate based on the date since the most recent large quake. What was once very expensive, you might find to be quite affordable now.



Remember that the deductible on an earthquake policy is a serious issue. Most policies issue deductibles that are 15 percent of the total insured values. If you are insuring your home for \$300,000, your contents for \$150,000, and your loss of use for \$200,000, then you are insuring a total of \$650,000 of values. Fifteen percent of \$650,000 is almost \$100,000. That means that in the event of an earthquake, you would be responsible for the first \$97,500 of the claim. While this is a huge amount, if your house is totally destroyed, it would be a blessing to have to pay only \$100,000 to get your entire life back.

Feel free to call our agency if you have any questions about these items, or would like an earthquake insurance quote. Call us if you would like to get a quote for your home or auto policy through us, or would like a question answered on any type of insurance.

**Be safe and have fun!**

### About United Agencies

United Agencies is the Club's partner in helping members with their home and auto insurance, and related products. We specialize in creating personal relationships with our customers, and serving their needs in a prompt, efficient and friendly manner.

Check out our City Employees Club page on the United Agencies Website at [www.unitedagencies.com/cityclub](http://www.unitedagencies.com/cityclub). This website lists the upcoming visits we'll be making to City Department meetings where you can ask us any question in person, and get an instant quote!

### Have a question?

Is there something about insurance that you've always wanted to know, but were too ashamed to ask? Maybe something that you've just always been curious about? Feel free to send me an email at [jgelineau@unitedagencies.com](mailto:jgelineau@unitedagencies.com), and I will try to answer your question in one of our monthly columns.