

Angel's

*Be Alive!*Angel Gomez,  
Director of  
Member  
Services

# Murphy Ranch Park



We all enjoyed the trail. Happy trails to you all.

**H**ello again everybody! This month we visit Murphy Ranch Park in Whittier. The park is small but has lots of trails with various degrees of difficulty.

The trails are wide and easy to follow, and the people are very friendly. People were hiking, jogging and walking their dogs; all these activities are available at this park. There is also a nice shady picnic area in the front of the park.

We started at the parking lot and walked all the way to the top. During our hike we came in contact with lots of trees, birds and lizards.

Please make a note; there are rattlesnake and mountain lion warnings! I did not see any wildlife, and the area is pretty open (just stay on the trail).

I have to tell you I felt very safe and never nervous at any time.

Whittier is dedicated to preserving its natural hills and is proud to have more than 20 percent of its 14.8 square miles available to its residents as permanent open space. Altogether, Whittier provides more than 400 acres of land for recreational use.

The park has several picnic tables and lots of really big trees along each trail.

The trails are pretty easy, but after about half an hour, you start to feel the burn. My boys loved to run along the path and have mini races.

After a long work day (and short hike), it would be a treat to get home and have your children go straight to bed! (Don't forget to have them wash their faces and hands and brush their teeth!)

This park trail was really relaxing. I plan to go back a few times a month for the nice views and of course the exercise.

On a clear day you can see Downtown Los Angeles from the top of the trail. Bring your camera; there are excellent views!

Since I started going on these hikes and outdoor adventures, my boys have really shown an appreciation for the outdoors. I will always have these wonderful memories and photos to go back and revisit the moments we all shared.

I have also started giving them instruction on how to take photos and what to look for. By the time they are teenagers, I figure I will have a team of photographers!

Summer is flying by, so take your families out and explore our wonderful parks, beaches and mountains. Your family will always remember all the trips you took and the beautiful places you visited.

Please send me any hiking adventures you recommend so I can hike them and share them with our Club family. I would love to see your pictures!

So send them to me at [agomez@cityemployeesclub.com](mailto:agomez@cityemployeesclub.com).

**As always,  
be safe and *Be Alive!*  
— Angel**



## Whittier, California



Park Sign.

A view of the trail ahead. I was excited to get started.



There is lots of shade and lots of trees along the path.



A wide open trail path.

# Murphy Ranch Park



Angel Jr. and Aden standing on one of the ridges that overlooks the homes in the background.



Aden and Angel Jr. catch a small lizard as soon as we started the trail.



Dakota and I take a short break.



Dakota, Angel Jr. and I in front of the trail sign.



Angel Jr., Aden, Dakota and I take a short break for a photo.



Picnic tables and handicap-only parking spot.

### Murphy Ranch Park

**HIGHLIGHTS:** Wilderness area, 48 acres, riding and hiking trails and picnic tables (and a horse trough). No restroom facilities.

**LOCATION:** 16200 Las Cumbres, Whittier, CA 90603. The park is at Youngwood and Las Cumbres Drives.

**PARKING:** There's a small parking area in front of the park. Free!

Whittier parks are open generally between sunrise and 10 p.m. The Parks Department can be reached at (562) 464-3375.