



1 California



"From the deck of the *Queen Mary* on my birthday."

- **Baron "Mr. B" Greenhouse**

Don't forget the *Alive!* Around the World Contest!



Win! \$100
in Gift Cards

How far from Los Angeles can you take your *Alive!*?

In honor of *Alive! Around the World's* fifth anniversary in September, we're creating a contest. How many miles from Los Angeles can you take your issue of *Alive!*? The Club Member who submits the photo with *Alive!* that's the farthest from the City of Los Angeles, will win \$100 in gift cards.

It's not about danger or adventure, so there's no need to go to extremes. It's just about miles and fun. Any Club Member can play. Submit your entry by Dec. 15, 2009, and we'll include the winner in the January 2010 issue of *Alive!* **Have fun!**

Contest Rules:

- The contest is open only to all Club Members in good standing.
- Your location must be clearly discernable in the photo. (We have to be able to determine you really are at that location.)
- You must be holding a copy of *Alive!* in the photo.
- All photos must be submitted by the close of business Dec. 15, 2009.
- Club staff will be the final judges of mileage from Los Angeles.
- One winner will be awarded \$100 in gift cards.
- Send your high-res digital photos to: talkback@cityemployeesclub.com
- We prefer digital photos. But if you must send a paper print photo, make sure you write your name and phone number on the back. Drop it off in person, or send to: *Alive! Around the World*, City Employees Club of Los Angeles, 120 W. Second St., Los Angeles, CA 90012

2

Baltics



The Lutheran Cathedral in Helsinki.



St. Petersburg, Russia.



In London.



In Tallinn, Estonia.

"These photos are of my cruise to the Baltics this past June. It was the best trip abroad my husband and I have ever taken. Thank you for considering me for the *Alive! Around the World Contest!*"

- **Karen Rohaly, Library**

Alive! AROUND THE WORLD



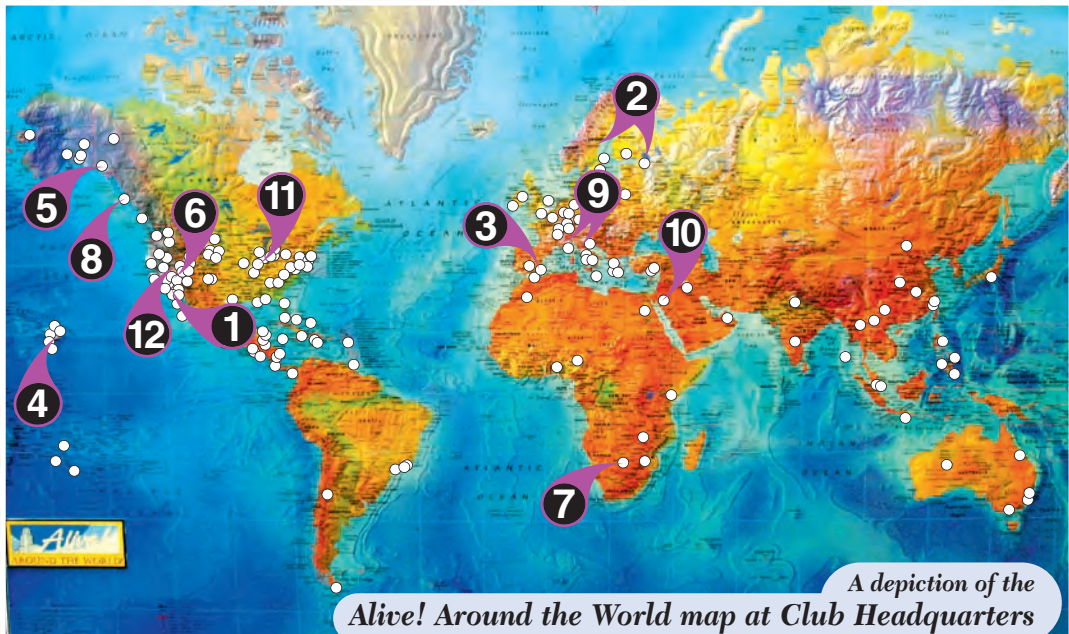
3

Spain



"My wife, Christa, took this photo of me in front of La Boqueria open-air market in Barcelona, Spain, in early September. After watching *Bizarre Foods* on the Travel Channel, I was intrigued by this place, and so we decided to visit Barcelona. We ate some of the best seafood ever in Barcelona, and I enjoyed some exotic local fare in the open-air market that was outstanding."

- **Ralph Morones, Airports**



A depiction of the Alive! Around the World map at Club Headquarters

Take the Club with you, wherever you go! Club members are a well-traveled bunch. Bring your copy of *Alive!* with you. Snap a photo with you holding a copy, send it in, and we'll publish it. Send to: talkback@cityemployeesclub.com

When you send digital photos through the Internet, please send the full, original digital file yourself, rather than using digital photo software like Kodak EasyShare, Kodak Gallery, Flickr, etc. These programs send very low-resolution images, and they don't look good in print. We want you to look your best, so send us the original digital file, please! Thanks!

4

Hawaii



In front of the statues of the Royal Hawaiian Couple at a macadamia nut plantation and store on Oahu.

Robbie and Adriana at the majestic Oahu mountains on the north shore.

"My family travels quite often, but this was the first time we hadn't forgotten to pack *Alive!* with our road stuff. My wife, Adriana, and I spent three wonderful days on Oahu, Hawaii, and we can prove it by our photos! It was the first time for us to go without our fantastic kids."

- **Robbie Horvath, Public Works**



Robbie "plays" the ukulele at the Dole pineapple plantation store.



5

Alaska



"This picture was taken of me at the Hubbard Glacier in Alaska from our cruise ship in September. This is approximately 2,555 miles from L.A."

- Ronald Kraus, Retired

Thanks for counting the miles, Richard! And you're still in the running for the Alive! Around the World fifth anniversary contest, although you have some tough competition in this month's selection of photos.

—Ed.

6

California



"Here I am at the summit of Mt. Whitney in Lone Pine, Calif., elevation 14,495 feet. It is the highest peak in the contiguous United States."

"I signed a log book for those who want to commemorate their ascent. There are three generations of Jacintos (my maiden name) ... in those books."

- Emma E. Gonzalez, Retired, Housing

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Africa



Robert Whitaker, Retired, Rec and Parks, at the Chobe National Park, Botswana.

8

Alaska



"Here's a picture of me, freezing in the rain, in front of John Hopkins Glacier at Glacier Bay National Park and Preserve, taken while cruising in Alaska."

- James Howlett, Harbor

9

France & Italy

"This was taken aboard the luxury yacht, *Big Square*, while on vacation with my family, at the Marina of the Port Grimaud in Cote D'Azur, France."



"The first stone of [this cathedral, Santa Maria de Fiore, Florence, Italy] was laid Sept. 8, 1296."



Shirley Gatlin, Club Member and widow of James Gatlin, Building and Safety, visited France and Italy.

10

Israel & Jordan



Pablo Ninofranco, Retired, Harbor, and wife, Josie, went on a trip to Israel and Jordan in August. They visited Mt. Zion in Israel with the Old Jerusalem (Dome of the Rock) in the background, and Amman, Jordan, with Jerash ruins as the background.



Alive! AROUND THE WORLD



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Indiana



April Richmond, Retired LAPD, relocated to Shelbyville, Ind. on her 7.5-acre farm. "I am still enjoying my *Alive!* and learning how to be a Hoosier."

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California



"This is a photo of the **Los Angeles Rec and Parks Roof crew**, on assignment at Camp High Sierra, Mammoth Lakes, Calif. Crew Members are, from left: Caryl Warner; George Alvarado; Edward Payton; David A. Fossett, Club Member; David Shinn; and, above, Matthew Manestar. Our weeklong assignment was hard physical work, but the fresh air, and scenic surroundings made the experience more than worthwhile."

- David Fossett, Rec and Parks

24 HOUR DENTAL EMERGENCY SERVICE

Details:

Doctor is on emergency call 24 hours a day for emergency care. If the call does not go through, call multiple times every 5 minutes. Doctor should answer... unless cell phone reception problems

TYPICAL EMERGENCY PROBLEMS and TREATMENTS:

1. Extreme Tooth Aches are typically treated with emergency nerve removal (pulpectomy) or extraction.
2. Broken Teeth are typically treated with cosmetic bonding procedures as a temporary measure that may need further treatment such as crowns.
3. Loose crowns are typically treated with recementation if exam shows that it's cavity-free. (Call during office hour 7am-4pm)
4. Loose tooth from trauma (something hit you in the face) may be saved with splinting the tooth with orthodontic wire.
5. Lost crown, especially front tooth, is typically treated cosmetically with a new temporary crown on an emergency basis.

You will experience NO pain during the dental procedure with full anesthesia. Afterwards, doctor may prescribe pain medicine and antibiotics.

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