



Harbor Gardner Crew, Div. 137, standing in front of the Health Fair sign



Ladies at the check-in table, from left: Kathy Merovsky, Risk Management; Jennifer Reyes, Asst. Risk Management; and Marie Gutierrez, Risk Insurance Assistan

First Harbor Health Fair

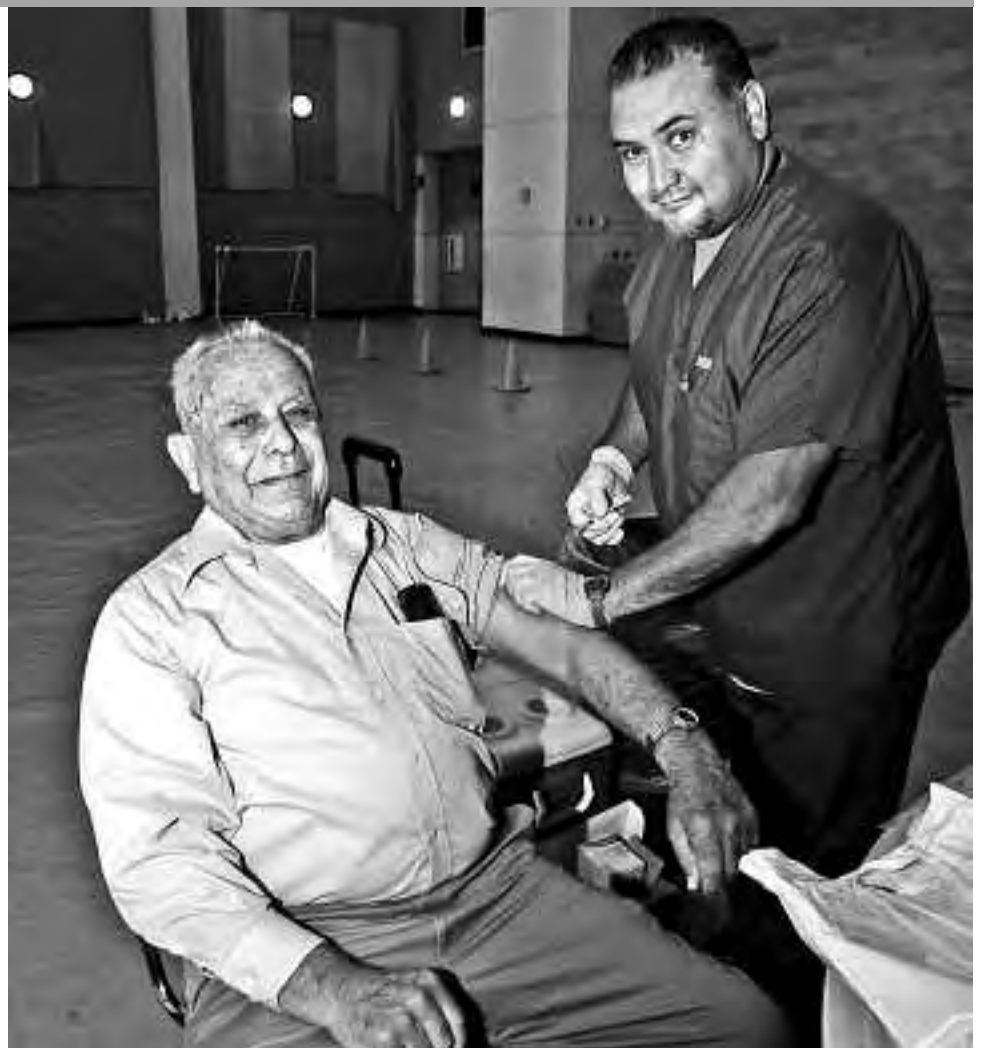
■ Harbor hosts its first health fair.

Story and photos by Angel Gomez, Member Services Manager

HARBOR — More than 500 employees attended the Harbor's first health fair, held Sept. 25 at the Harbor Boys and Girls Club.

The four-hour event helped to raise awareness of, and increase, employees' healthy lifestyles.

Thanks to the Port of Los Angeles Risk Management Team for putting together a great and organized event. And special thanks to Chrizelle Quevedo and Jennifer B. Reyes for their invitation.



From left: Tony Lauro gets a flu shot, with Robert Larios, Club Director of Marketing and Communications.



William Davis gives blood.



The Health Fair crowd in the Harbor Boys and Girls Club gymnasium.



Club Raffle winner James Sullivan, Welder, Club Member, with Arlene Herrero, Club Counselor.



From left: Kenneth Henderson, Street Maintenance Worker II; Leo Cabrera, Equipment Operator; and John Humphery, Equipment Operator.



Tim Hogan (center), winner of the Club raffle, with Norma Angulo, Club Partner, and Rosa Calderon, Club Partner.



Employees give blood.



Harbor employees played basketball for prizes.

Haven House

Helping battered women and their children on their way towards a life free of violence.

We need your help to help save lives. You can help in so many ways – cash donations, clothing, food, volunteering. Every little bit helps more than you'll know. Every donation is greatly appreciated – no matter how much. Contact us today at 626.564.8880 to find out how you can help.

For more information on how to donate, please visit our website at www.havenhousela.org or call us at (626) 564-8880.

If you or someone you know needs help, call us now at our **24-Hour Hotline – 1-323-681-2626.**

Haven House is the oldest shelter of its kind in the United States, founded in 1964 to shelter families of violent alcoholics.

Our services include counseling services for women and children in residence and counseling for community clients who are not residents of the shelter.

- Emergency shelter, food and clothing
- Bilingual counseling services for both adults and children
- Assistance with finding permanent housing
- Assistance with finding employment
- Court and social services advocacy
- Assistance with getting welfare
- Legal assistance (TRO's etc.)
- Medical Services

