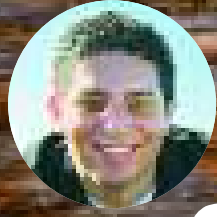


Explore... Enjoy... Relax... Share... Hike... Join... Fun... Excitement... Active... Involve

# Angel's Be Alive!



Angel Gomez, Member Services Manager



Follow the arrow ...



You're almost there! Keep going; just follow the road.

## WILL ROGERS STATE

### ■ The Inspiration Point Loop Trail

Photos by Alive! Staff

First, thanks to everyone who has taken the time to explore our wonderful natural surroundings. Some of you have followed my footsteps, while others are just enjoying the Be Alive! stories. Either way, that's wonderful!

Please feel free to email any feedback and/or other trails you would recommend that I cover. I am always looking for new exciting trails and adventures.

This month's adventure takes us to Will Rogers State Historic Park, a 180-acre retreat in the hills above Santa Monica.

Let's begin at Will Rogers' home (built in 1928) next to the visitor center. In this area, you will find picnic grounds, horse-riding stables and daily tours of Will Rogers' 31-room ranch home. Ranch house tours are offered Tuesday through Sunday at 11 a.m. and 1 and 2 pm. Call (310) 454-8212, ext. 103, for more information.

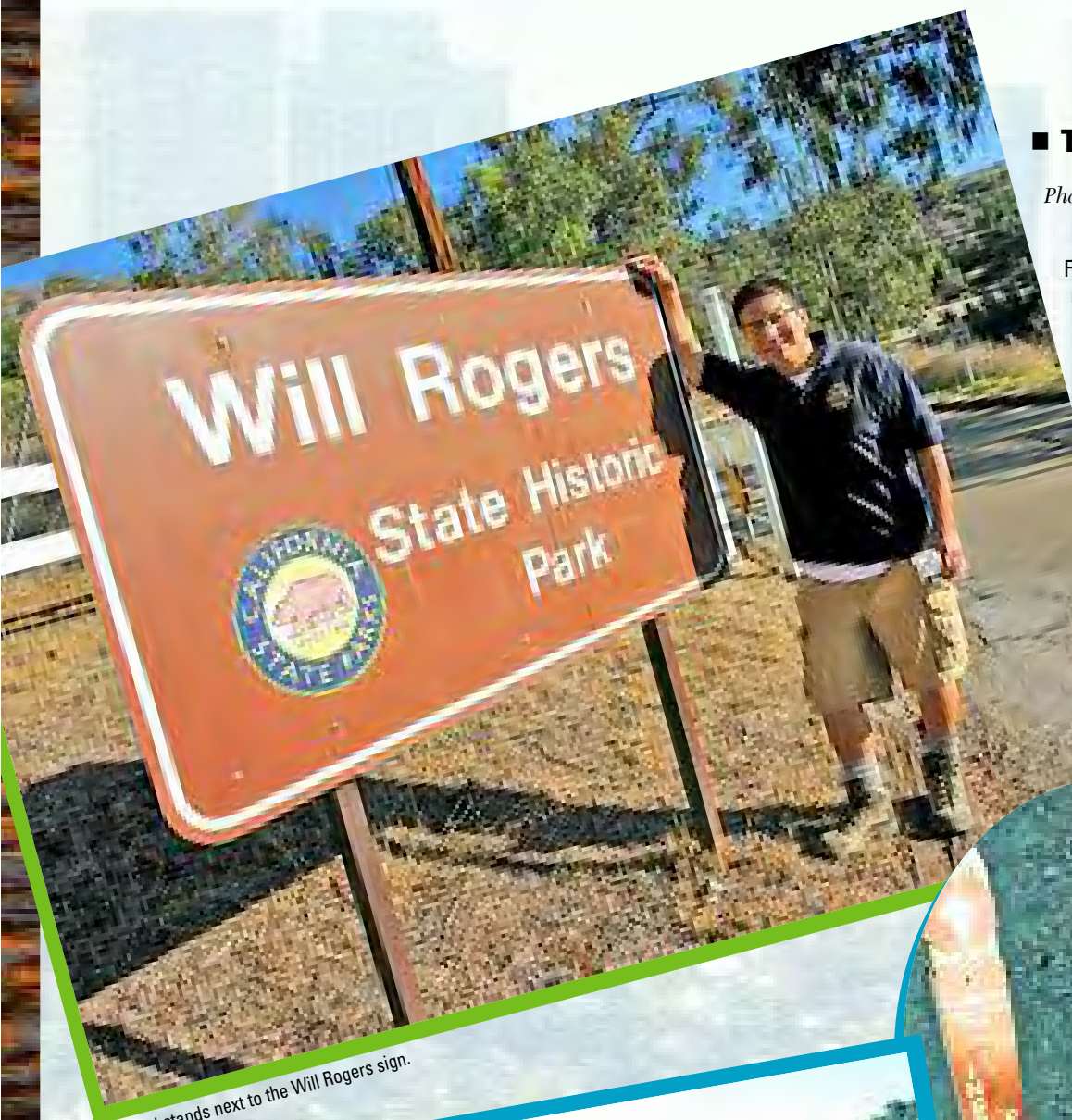
For hikers, start by going left past the tennis courts to the fire road; you'll see the Inspirational Point Loop Trail. Take the fire road to the right and climb the ridge, heading north above Rivas Canyon. Continue climbing and make a right to the overlook on the flat knoll. At this point you can stop and enjoy the views from downtown Los Angeles to Santa Monica and across Santa Monica Bay to Palos Verdes.

The trail, designed by Will Rogers himself, will also connect you with the eastern terminus of the Backbone Trail (see information kiosk), which crosses the spine of the Santa Monica Mountains for 64 miles to Point Mugu State Park. The trail features great views, photo opportunities and historic features, and it's child friendly.

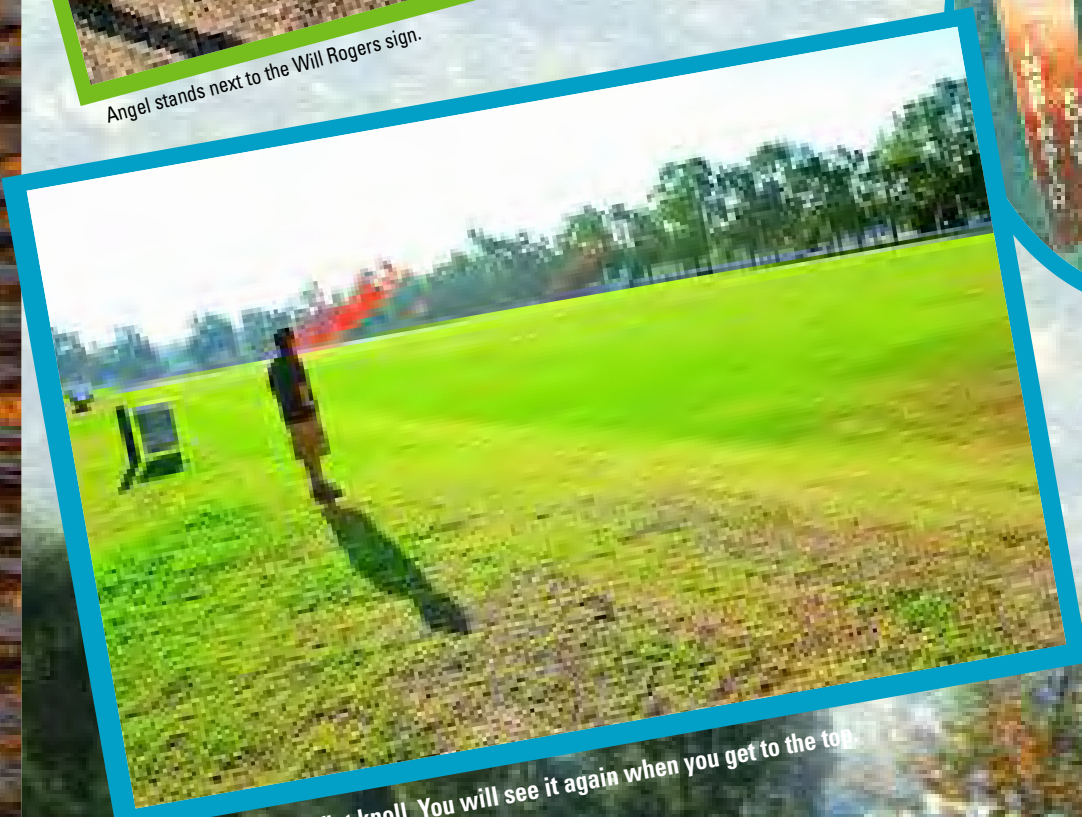
Lastly, for all you dog owners, the trail is also dog friendly, so enjoy. Remember always to bring water and snacks for the trail.

See you next month!

Follow the signs to Inspirational Point (0.7 miles ahead).



Angel stands next to the Will Rogers sign.



Take a look at the flat knoll. You will see it again when you get to the top.

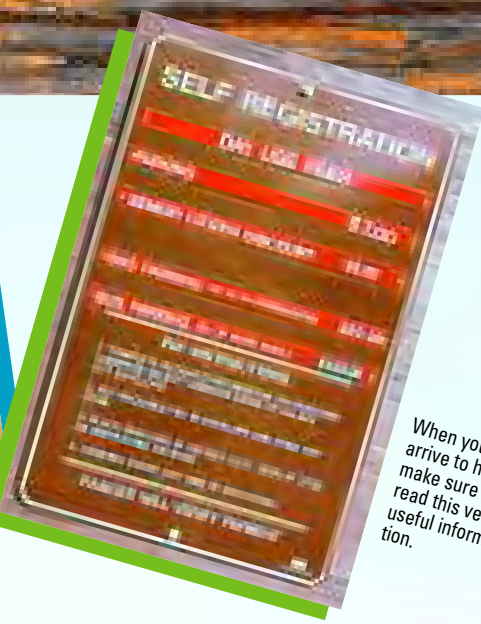


Restrooms are available as you walk past the parking lot. They were very clean.

ed... Explore... Enjoy... Relax... Share... Hike... Join... Fun... Excitement... Active...



Look over my shoulder to see the beautiful view. It's a super-easy trail. Take a moment and enjoy!

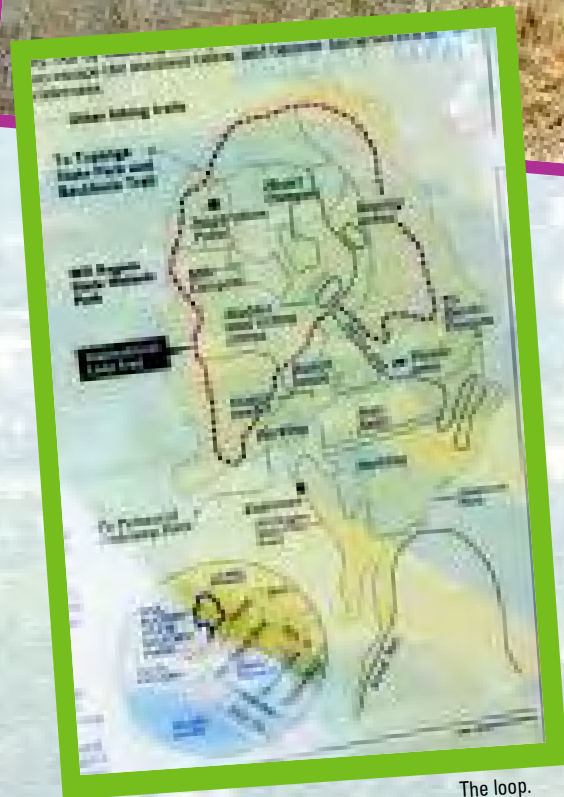


When you arrive to hike, make sure to read this very useful information.

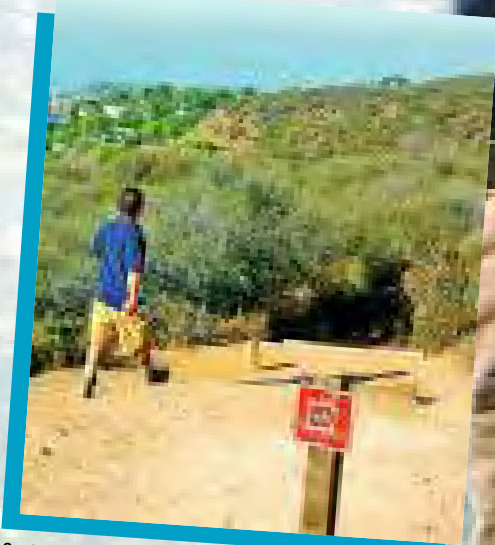
# HISTORIC PARK



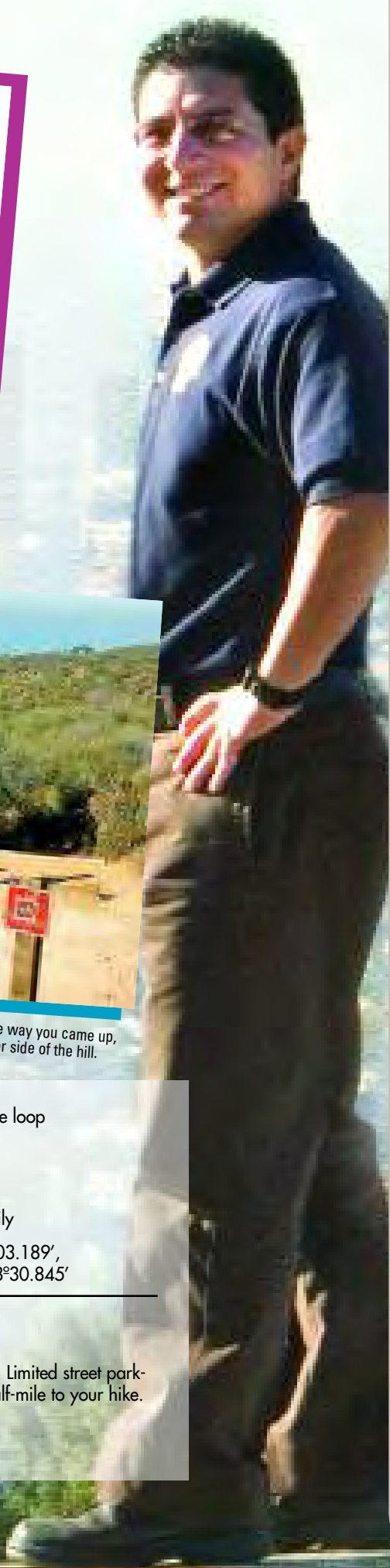
This is the midway point to the top. You can already see the spectacular view from here.



The loop.



Saying goodbye, you can go back the way you came up, or go to your right and down the other side of the hill.



### Information

Will Rogers State Historic Park  
1501 Will Rogers Park Rd.  
Pacific Palisades, CA 90272  
(310) 454-8212

**Hiking Distance:** Two-mile loop

**Hiking Time:** one hour

**Elevation gain:** 300 feet

**Open:** 8 a.m. to 5 p.m. daily

**GPS coordinates:** N 34°03.189',  
W 118°30.845'

### How to get there:

The park entrance is on the north side of Sunset Boulevard, midway between Chautauqua Boulevard and Amalfi Drive in Pacific Palisades.

### Parking:

There is a parking fee of \$7. Limited street parking is available; it adds a half-mile to your hike.

## September Events

### 26th Annual Watts Towers Day of the Drum Festival/ 31st Annual Simon Rodia Watts Towers Jazz Festival

Great, international drums and jazz at the Watts Towers Arts Center: drums on the first day, and jazz on the second. Tours of the Watts Towers are available. Free.

**When:** Sept. 29-30, 11 a.m. - 6 p.m.

**Where:** Watts Towers Art Center Amphitheater, 1727 E. 107th St., Watts

**Sponsor:** Cultural Affairs and Watts Towers Arts Center

**Information:** (213) 847-4646, www.wattstowers.net

### M\*A\*S\*H at the Library

Join actors Alan Alda (Hawkeye Pierce) and Mike Farrell (B.J. Honeycutt) at the Central Library as they discuss their recent memoirs art, activism, family, money and fame in a lecture called "Two Actors, Two Authors, Two Lives."

**When:** Sept. 18, 7 p.m.

**Where:** Central Library Downtown

**Cost:** Free

**Sponsor:** Los Angeles Library

**Information:** www.lapl.org

### L.A. Greek Fest

The yearly L.A. Greek Fest is held on the Grand Plaza of the St. Sophia Cathedral in the Byzantine Latino Quarter of Los Angeles. This event is L.A.'s premier Greek festival, featuring the best of Greek foods, pastries, music and folk dancing, along with exotic gifts and arts and craft booths.

**When:** Sept. 7 - 9

**Where:** 1324 S. Normandie Ave. and Pico Boulevard, Los Angeles

**Cost:** (admission): \$5

**Information:** (323) 737-2424, www.LAGreekFest.com

### Port of Los Angeles Lobster Festival

Enjoy a weekend of fun and fine food on the waterfront in historic San Pedro. The Port of Los Angeles Lobster Festival features world-famous discount lobster meals, rides, games, arts and crafts shopping, and nonstop entertainment. Sponsored by the Port of L.A.

**When:** Sept. 14 - 16,

**Where:** Seaside Lagoon, 200 Portofino Way, San Pedro

**Cost:** \$8 general

**Sponsor:** Harbor Dept.

**Information:** (800) 831-PORT, www.portoflosangeles.org

## Ticket Guy Recommends:

### L.A. County Fair, Sept. 7-30, Fairplex Pomona.

For a good change of pace, head to the L.A. County Fair, with rides, games, concerts, exhibits, attractions, competitions and, according to Ticket Guy, unusual food. "Try the fried apple fries and the funnel cake. Or how about a pork chop on a stick? An onion blossom? And you have to try the deep fried Snickers bar!"

Buy your tickets with a Club discount on the Club Website (login required), or turn to page 61 and use the ticket order form.

**Information:** www.lacountyfair.com