



The third annual Healthy Relationships Conference, hosted by the Commission on the Status of Women.

Smart Choices for Young Women

■ **Commission on Status of Women hosts third Health Relationship Conference for teen women.**

STATUS OF WOMEN — On Feb. 15, the Commission on the Status of Women's YWAR Program - Young Women: From Adversity to Resiliency - held its third annual Healthy Relationship Conference at the California Science Center. All YWAR schools attended, along with Commissioners, community-based organizations and Councilmember Wendy Greuel.

The teen girls in attendance heard from a woman who overcame many obstacles and now has a positive outlook on life. The conference also offered workshops lead by community-based organizations and psychologist in the field covering topics: Managing Conflict in your Relationship; Preventing Abuse in Relationships; Dating Violence and Legal Issues; Sex and Communication; Communication in Healthy Relationships; and Believe in Yourself. At the end of the conference, the students enjoyed lunch and a closing personal speech by Councilmember Greuel.

The Young Women: from Adversity to Resiliency (YWAR) program is a school-based preventive intervention program for female youths. The program is operational in 12 high

school sites throughout the LA Unified School District. The program teaches young women to make positive, healthy choices through an eight-month life skills curriculum. Topics include: overcoming challenges, communication skills, achieving goals, self esteem, creating healthy relationships, preventing pregnancy and diseases, healthy coping skills and planning for the future.

To expand services to the participants the YWAR Program holds an annual Healthy Relationship Conference, in which all participants in the program have the opportunity to learn more about self-esteem, sex and communication, teen-dating violence and reproductive health. The conference features a variety of community-based resources, as well as learning firsthand about women's experience with domestic violence situations. This unique experience enables the participants to get to know the YWAR collaborative community and all the supportive adults that believe in their success. Ultimately, it is the Commission's goal to empower the participants with a positive perspective on relationships.



From past years, Hurt-Man Rescue Competition: Hector Avila (Lineman - Palms District) competed in the hurt-man rescue. Other events included the pole climb, crossarm, streetlight, dead-end, insulator, and jumper change-outs.



From past years, The events showcased safety techniques, skill, and the speed of power utility workers.

Pole Position

■ **City Employees are invited to watch the DWP Lineman's Rodeo, a fun event for the family.**

DWP — City Employees are given a special invitation to watch the DWP lineman hop onto their "polar express" - the annual DWP Lineman's Rodeo. The event is not open to the general public.

The event is set for 8:30 a.m. Saturday, May 12, at the DWP Truesdale Facility, 11760 Truesdale St. in Sun Valley.

The DWP Linemen compete in a number of events. Winning teams will go to regional and possibly national competition.

The Journeyman skill events include:

- Pole climb
- Hurt man rescue
- Cross arm changeout
- Jumper installation
- Dead end changeout

Apprentice events include:

- Pole climb
- Hurt man rescue
- Secondary parallel
- Temporary service installation

Past activities for the family include a petting zoo, a climbing wall, face painting, jumpers and balloons. Food and drink is expected to be available.

The annual event usually lasts until about 1:30 p.m.

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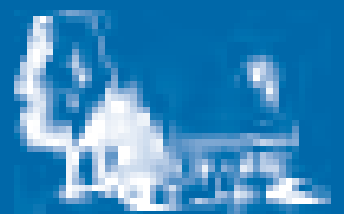
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