To Your Health!

■ LACERS sponsors Health Fairs in several locations.

Story and photos by Arlene Herrero, Club Counselor

n Oct. 21 at the New Otani Hotel, LAC-ERS held one of five Health Fairs for City Employees. The others were held in Las Vegas, Manhattan Beach, Van Nuvs and Pomona on similar dates.

The event gave members the opportunity to speak directly to medical and dental plan providers and to ask questions of LACERS

Health Advocates. Activities included free lunch, snacks, seminar, health screenings, raffles and more.

The Club congratulates LACERS on an excel-

lent event at the New Otani, and thanks LAC-ERS employee James Aceron for his assis-







From left: Wayne Rorex, Health Advocate, 5 years; Greg Gomez, Retirement Benefits Specialist, 24 years; and Theresa Barragan, Retirement Benefits Specialist, 31



Josie and Peter See, Retired, Public Works.



The buffet lunch line



Fred and Xenia Coleman, both 82 years old. Fred is



Mary Budisalovich, Retired, Rec and Parks, gets her blood pressure screened by John from Blue Cross



Mary Lynn and William Anderson, Retired, LACERS.



Milla Castaneda, Retired, Controllers Office, happily smiles for her five minute courtesy massage, thanks to



From left: Mavis Minjares, Retired, Public Works with guest Steve



Silvia Espinoza, Relief Retirement Worker, 3 months, Club Member. Standing: Monica Smith, Retirement Benefit Specialist, 2.5 years, Club Member, and Patricia Neal-C Relief Retirement Worker, 3 months.



Ou Cohill, Retired, Public Works.



From left: Eva Lopez, guest; Gladys Chapple, Retired, City Clerk Office; Audrey Kaku, guest; and Noburo Kaku, Retired,



From left: Siv Chan, Clerk Typist, 7 months; and Eugenia Blake, Relief Retirement Worker, 3



Eva and George V. Lopez, Retired, City



Luis and Judy Camarillo. Luis is retired from Rec and Parks.



Clarice and Allen Baber, Retired, Public Works.







Joe Etheredge, Retired Airports, Club Eli Tumbucon, Retired, Public Works.



Eliott Adelman, AARP.



At the information booth, from left: Adrienne Hobbs, LACERS Health Rep, 9 years, Club Member; David Nuno, Call Center Agent, 5 years; and Michelle Cooley, Sr. Clerk Typist, 8 years, Club



Wai Jung, Retirement Benefit Specialist, 8 years.

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