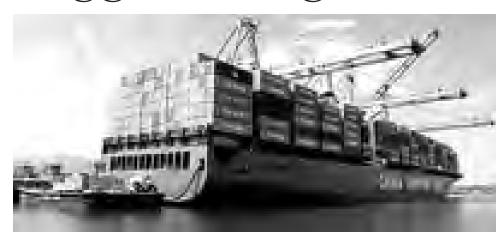
Biggest Plug-in Yet



■ Harbor's innovative AMP project, chronicled in Alive! recently, sees participation by the largest ships yet.

The Harbor's innovative AMP program, which allows container ships to plug into shore power rather than run their engines and create pollution, has recently logged its biggest ship to plug in.

The Alternative Maritime Power (AMP) program has saved more than 100 tons of ship exhaust from entering the L.A. basin since its July launch.

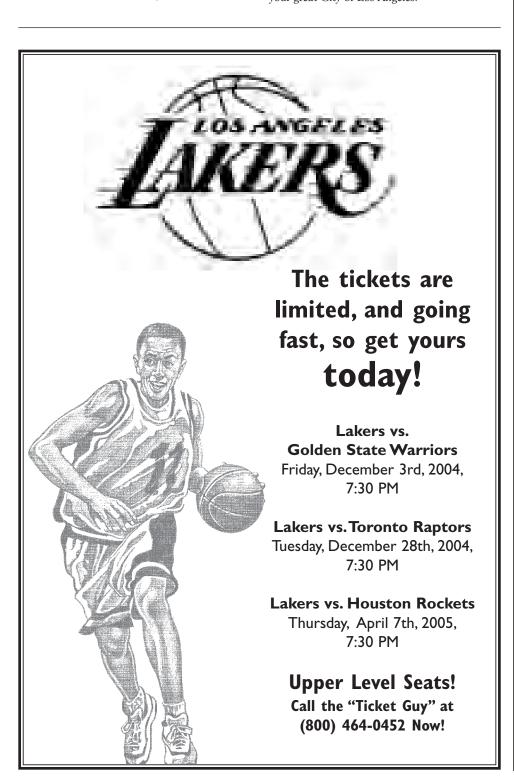
The largest AMP-outfitted China Shipping container ship to date steamed into the Port of Los Angeles last month, switching off its diesel exhaust-emitting engines and plugging in to clean electric power at the Port's Alternative Maritime Power source at Berth 100. The 5600 TEU (20-foot equivalent unit) Xin Fu Ahou is the fifth China Shipping vessel to call on the Port and tap into the AMP electrical power source instead of burning fuel.

Alternative Maritime Power technology prevents one ton of nitrous oxide (NOx) and particulate matter from entering into the local environment each day the ship is docked.

"This is exactly the scenario we envisioned for AMP'd vessels at the Port of Los Angeles," said Mayor Jim Hahn. "Vessel after vessel arriving at the Port and plugging into clean power while off- and on-loading cargo, and not releasing pollutants into the air. AMP is key to the Port's efforts to meet my 'no net increase' pledge. China Shipping has been a great partner in the AMP program, and we're looking forward to working with our other shipping lines to AMP more vessels and terminals.

Since July, AMP'd China Shipping vessels have made more than 20 ship calls utilizing AMP power at the berth, preventing the discharge of more than 100 tons of emissions into the Los Angeles Basin. The Port of Los Angeles is currently the only port in the world utilizing AMP for container ships.

The Port of Los Angeles is America's premier port. As the leading container port in the nation and a critical hub in the international supply chain, the Port generates thousands of stable, well paying jobs. It has also placed a high priority on smart growth initiatives combined with high security, environmental stewardship and community outreach. The Port of Los Angeles is a proprietary, self-supporting department of your great City of Los Angeles.



OFFICIAL CLUB PART



by Tony Adler, President, Cruise and Resort, Inc. **Club Travel Partner**



You Work Hard, So Play!

■ New travel column gives you ideas for relaxing, having fun and seeing the world—on a budget.

Hello Club members!

We are honored that Cruise and Resort, Inc., has been chosen as the Club partner for travel. Each month we will focus on a few travel bargains and tips. Just remember that we are a valuable resource for planning travel, and we welcome the opportunity to

I know you all work hard. That's the trademark of a City employee. You deserve to have fun and rejuvenate yourself. That means travel, and that's where I come in.

I look forward to bringing you new and exciting travel ideas every month in my column here in Alive! So let's get started!

Cruises: In Los Angeles, we have several excellent ships to choose from. Most one-week cruises sail from L.A. to the Mexican Riviera, which includes Puerto Vallarta, Mazatlán and Cabo San Lucas. NCL has just introduced a new eight-night cruise on a faster ship that includes Acapulco and Ixtapa/Zihuatanejo and skips Mazatlán.

Rates on the one-week cruises from Los Angeles can be as low as \$599 per person, depending on the time of year. Add a window or balcony and expect to spend at least a few hundred dollars more. It is pretty much like a resort hotel: the better your room, the more you pay. Still it is quite a bargain when you consider what is included - the cruise, the ports, your meals onboard, and lots of entertainment possibilities.

The Caribbean also offers a variety of exciting cruises from Florida, Texas and New Orleans. The actual discounted cruise rates are similar to the Mexican Riviera cruises, but the air transportation pushes your total costs up about another \$300 to \$400 per person. Still, if you haven't been to the Caribbean recently, this is the best way to go. No constant packing and unpacking. The brand new Caribbean Princess offers lots of new bells and whistles, including evening movies by the pool.

Pros: New ships – a bargain when you consider how much is included – travel to exotic locations without having to fly there; lots of activities for families and extended families

Cons: Limited destinations available from Los Angeles.

Tips: Let us compare rates on a few different ships for you. If you are flexible between Princess, Carnival and NCL out of Los Angeles, sometimes you can save even more money. Also consider special sailings to Hawaii and holiday sailings on ultra-lux-ury vessels. Most of the Alaska cruises do sell out. Make plans now for next summer while the early booking bonuses are available.

Hawaii: Hawaii is a wonderful tropical year-round destination from the West Coast. It is just so easy to get there! There are countless recreation possibilities including some of the best golf courses in the world. Finally, with recent security concerns, many people want to stay in the United States.

It is important to think of Hawaii as much more than Oahu and Honolulu. If you do visit Oahu, be sure to venture to the art galleries and village atmosphere of the North Shore. On the way, stop at the Dole Pineapple Plantation. Sure it is touristy, but it is also quite interesting and a lot of fun.

On Maui, the Wailea side has the best weather. There are several great resorts including the Grand Wailea, Four Seasons, Fairmont Kea Lani and Marriott. On the other side of the island, we recommend the Hyatt Regency as the best property in Kaanapali.

On Kauai, our first choice is always the Hyatt Regency at Poipu Beach. This is a vacation paradise you will remember forever. Spectacular beaches, beautiful grounds with graceful swans roaming, and one of my all-time favorite golf courses.

The big island of Hawaii is the driest of the Hawaiian Islands. There are fine resorts literally carved from the lava not far from the Kona airport. Among the most famous are the Mauna Kea, Mauna Lani and Four Seasons. Come to this island for golf and visits to Volcano National Park. If you are lucky, you will see fiery eruptions that appear almost too close for comfort.

Pros: Easy access from the West Coast; spectacular hotels and resorts in a clean and tropical environment; numerous sightseeing and recreation opportunities.

Cons: Some of the hotels can be a bit pricey.

Tips: Save money by having our specialists arrange your vacation with one of our top tour companies. Don't be confused by the word 'tour.' We are not talking about bus rides and city tours. In this case, it is just your air, hotel and car rentals that are included. We use our buying power to provide you with tour company bulk rates. You save money on all the components, and have access to the best rooms at the finest properties. We can set you up with a multi-island experience that goes far beyond the ordinary, often for less money than people spend for much less.

More Ideas: Consider some of the all-inclusive resorts in Jamaica and the Bahamas. Try the Grand Lido for super luxury vacations for adults at very reasonable prices. The Breezes resorts are more moderate and more suited for families. The Hedonism resorts are ...well, wild and hedonistic. These are sort of like cruise vacations on land. In fact, if you have cruised in the last year, we have been authorized to offer you an additional discount to try one of these fun-filled resorts.

Tony Adler is president of Cruise and Resort, Inc., the Club's travel partner. Call your Club representatives Julie, David or Kristy at (888) 652-6400 to talk about any travel destination. They cheerfully plan discounted travel for individuals as well as groups up to 2,000. Be sure to mention that you are a Club member for your maximum discounts. Website: www.cruisean-